

Swim Wales Masters LC 2025 - 01/03/2025 to 02/03/2025**Wales National Pool, Swansea****Results - Session 1 - Warm Up 08.00 - 08:50****Event 107 Mixed 72-99 200 LC Meter Medley Relay**

1	Cardiff Mast	B	2:02.03
	1) Avani Gill W23	2) Catrin John W24	
	3) Ollie Cleal M23	4) Geraint Meek M31	
	33.52	36.45	26.68 25.38

Event 107 Mixed 120-159 200 LC Meter Medley Relay

1	Cardiff Mast	A	1:57.43
	1) Patryk Poniatowski M35	2) Benjamin Jones M34	
	3) Isabella Centeleghe W29	4) Alexandra Szuplewski W27	
	28.94	31.99	28.83 27.67
2	Swansea Mast	A	2:14.43
	1) Matthew Dickinson M29	2) Mark Williams M36	
	3) Hannah Munday W34	4) Hannah Griffiths W31	
	35.86	35.83	31.56 31.18
3	Cardiff Mast	C	2:17.24
	1) Amelia Edmonds W26	2) Richard Black M40	
	3) Bronwen Harry W31	4) Andrew Mason M33	
	38.82	36.88	30.55 30.99
4	Cardiff Mast	D	2:28.73
	1) Courtney Mattocks M31	2) Emma Gage W27	
	3) Athanasios Galanis M34	4) Zaynub Akbar W28	
	32.78	44.08	39.72 32.15

Event 107 Mixed 160-199 200 LC Meter Medley Relay

1	Exe Masters	A	2:10.20
	1) Warren Barrett M38	2) Katie Pateman W43	
	3) Philippa O'Grady W56	4) Nigel Travers-Griffin M56	
	31.10	36.99	34.34 27.77
2	C Dolphins	A	2:13.48
	1) Leanne Thomas W40	2) Faith Goodliffe W25	
	3) Dean Morgan M55	4) Joel Morgan M41	
	37.39	38.38	32.23 25.48
3	Swansea Mast	B	3:16.86
	1) Matthew Allen M30	2) Lydia Tang W47	
	3) Geertje Van Keulen W56	4) Dylan Gravelle M63	
	54.42	54.51	2:06.69